



# WELCOME, FRIEND

*FCS Summer Camp Weekly Newsletter*



## From the Desk of the Director

This summer is my inaugural year stepping into the shoes of my predecessor, Erin Murray-Hause who had spent many years developing our summer camp program which has grown tremendously in the past decade at FCS.

I've found that no matter how much one plans, there will always be surprises along the way. Some surprises require me to navigate challenges to be able to best support our children, families, and staff. Meanwhile, other surprises bring a gentle warmth to my soul.

I'm glad to share with you the song that the 02D1 Theatre Arts teacher, Courtney and her campers created. This was developed entirely of their own initiative. I've promised the campers that we would sing it every week for the rest of this summer.

[Link to original performance](https://youtu.be/BFN_idrwF_E)  
[https://youtu.be/BFN\\_idrwF\\_E](https://youtu.be/BFN_idrwF_E)

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**THIS WEEK'S PHOTO GALLERY**

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**Produced by Danielle Probst**

## 02A1 - Animal Planet

Led by Lindsay Bearden

Assisted by Nyila Johnson

This week we went on safari! We learned all about the different animals that live all over such as elephants, giraffes, and sloths.

While learning about these animals, we did lots of activities such as painting giraffes, and learning American Sign Language for the different animals.

We also read lots of books and watched informational videos about our animals!



## 02B1 - Agility Adventures

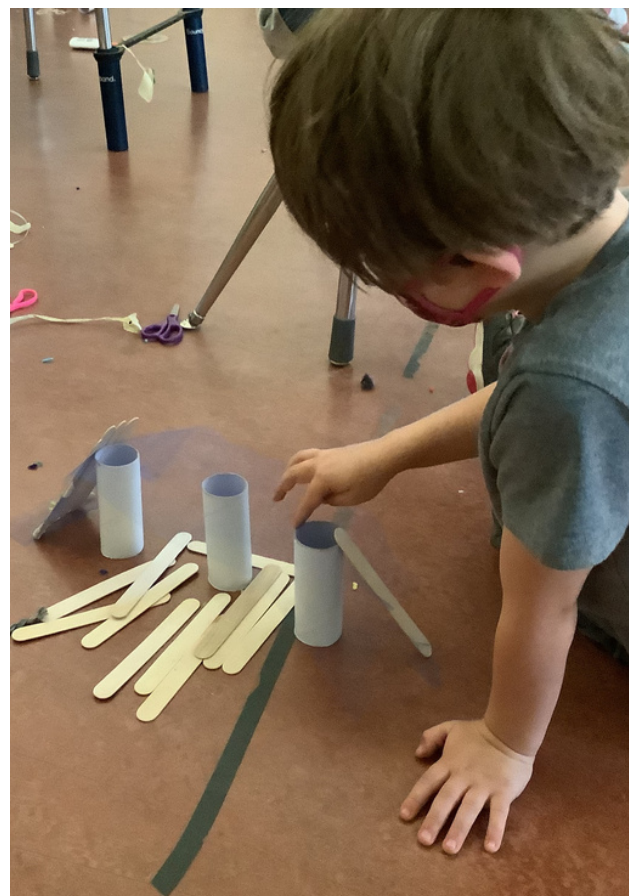
Led by Jadyn Brick

Assisted by Lauren Hill

We've been having a blast this week! When we aren't outside having time to run, jump and play, we were practicing other physical skills. We learned about balance, speed, strength, and flexibility in our relays.

Then, it was our turn to be in charge, we designed our own obstacle courses. We built our models using recycled and classroom materials.

We've also been sharpening our minds by playing with building games like marble mazes and Tinkertoys.





## 02B2 - Building & Patterning

Led by Patricia Soumoff

Assisted by Taylor Washington and CIT Reese L.

This week, we put our creative thinking skills to the test! In the building and patterning camp, we built tower structures with legos, blocks, and even cups.

The theme for Wednesday was animals! And since every animal needs a home, we made homes for creatures like dolphins, whale sharks, and pandas using paper, tape and cups. We were even able to make the homes fancy with some markers, crayons, and imagination! We used markers to draw our own patterns. Then we used those patterns to make animal collages. We also colored in some pets and made them their very own leashes. We got to learn so many different techniques this week, it has been such a great time!



## 02C1 - Archery & Wilderness Skills

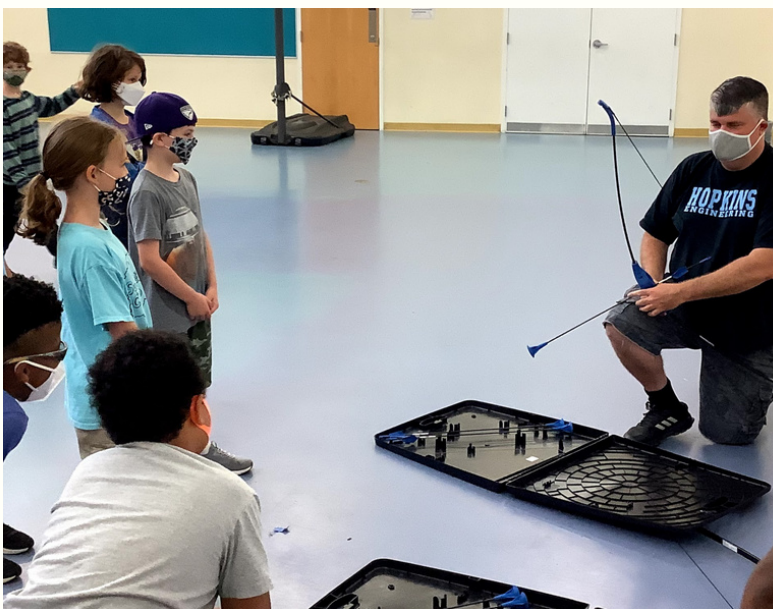
Led by Mark Evans

Assisted by Alex Andrews

Even the rain can't stop us! It was pretty rainy on Tuesday, so we couldn't go outside to work on our aim.

Thankfully, we were able to pivot and use the indoor archery set with the suction cup arrows to keep practicing. One of us even got four bullseye shots over the course of the day! Even though the weather was unpredictable, we had a great time.

Throughout the week, we learned how to survive in the wilderness, including using a compass, building shelter, gather firewood, constructing a campfire, and of course, we made and ate s'mores.



## 02C2 - Food & Art: Cooking

Led by Samantha McKay

Assisted by Crystal Robinson

We filled the hallways with delicious smells all week! We learned basic cooking skills, like how to properly measure ingredients and cut onions and garlic. We explored foods and flavors from many different cultures. We made a yeast bread, an oat soda bread, and three different kinds of cookies. We also learned how versatile the black bean can be. We made soup and empanadas, but chocolate cupcakes were everyone's favorite of the black bean recipes!

We also recreated food artwork inspired by famous artists such as Wayne Thiebaud, Giuseppe Arcimboldo, and Claes Oldenburg. We tried different forms of art like paper mache, oil pastels, watercolor paints, and salt dough. We even made a recipe book full of all the tasty things we tried this week!



## 02D1 - Theatre Arts Camp

Led by Courtney Hughes

We put on our director's cap this week! We began the week by exploring improv to learn how to think on our feet. We practiced in pairs and as a class to create different sketches.

After practicing the basics, we started brainstorming our own movie. Our movie is about the different kinds of personalities during quarantine. We wrote, filmed, and edited it all on our own!

Coming soon to a screen near you! Well, actually, sooner than you think. Check out the link below!

[Link to camp-made video!](https://youtu.be/Tvfs2HTeWq0)  
<https://youtu.be/Tvfs2HTeWq0>





## 02D2 - Coding & Strategy Games

Led by Vineyard App Camp

Proctored by Gillian Rosenzweig-Stein & Han Pham

When not testing out strategy skills, we learned HTML and Javascript this week!

We made a game called "Where's Waldo?" with the coding skills we learned along the way. First, we used an image of our choosing and created a place within the image where a mouse click would take us to a separate window with the picture in full screen.

In the afternoon, we played various strategy games such as Risk, Monopoly, Here to Slay, and many more!



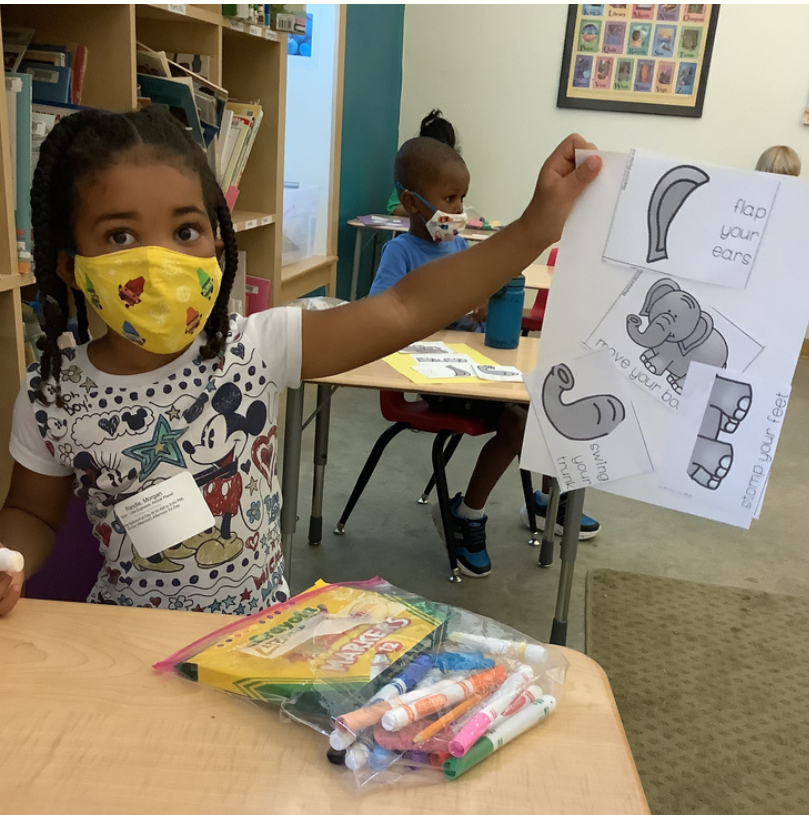
## 02DV - SSAT Prep: Vocab

Led by Jennie Claiborne

This week, we *ascertained* knowledge of various Greek and Latin root words we use as prefixes in order to help define challenging new vocabulary. In addition to vocabulary, discussed and demonstrated test-taking skills, tips, and tricks through real, timed SSAT sessions.



# Try this @Home!



## Elephant Dance

Want to easily remember the different parts of an elephant? Dancing is a great way to remember!

Make sure you have scissors, glue, and paper. Then cut out of all the parts of the elephant including the ears, trunk, and feet. Then, glue those parts to a colorful sheet of paper so you can easily see!

Now here's how you do the dance: Flap your ears, swing your trunk, stomp your feet, and move your body.

Now you're really dancing like an elephant!

## Build your own Obstacle Course!

With a few toys and a good imagination, you can build an amazing obstacle course almost anywhere!

Hula hoops are great for hopping in, out, and over. Jump ropes can be used for limbo-ing or lining a path. Any toy you have plenty of (like traffic cones) are great for side-winding, skipping, and sprinting between.

For an added layer of fun: pretend your obstacle course is an expedition. Hula hoops can be stepping stones across the Amazon river, or a jump rope can be a tightrope across the Grand Canyon- it's all up to you!





# Try this @Home!



## Patterns are Everywhere!

Counting patterns. When the family is together, they can practice counting, where each member says the next number in the pattern. For younger children, they can just count. For older children they can count by 2s, 5s, 10s, backwards...

Do a pattern walk. Where do you see patterns in your homes? In nature?

Use materials from your recycle bin to create roadways for toy cars.

## Building a Fire (for S'mores!)

When making a campfire different types of wood such as kindling, tinder, and firewood are all needed. This wood is perfect for building a tepee or log cabin fire. Knowing how to build a campfire is great for when you go out camping!

To make your own s'mores all you need is graham crackers, chocolate and a toasted marshmallow.

Now that you know how to make your own campfire and s'mores please remember, safety first!





# Try this @Home!



## Black Bean in Cupcakes?!

Black bean cupcakes were a super tasty, protein packed variation of chocolate cupcakes. We experimented with the amount of sugar in our batter and learned that the black beans were undetectable in our cakes, and that chocolate can be very bitter!

You can experiment, too- try adding nuts or sprinkles for crunch or color, using cinnamon as a flavor instead of coffee, or a dusting of powdered sugar instead of glaze for a slightly less sweet alternative! Experiment with different recipes, make a note of the things you do or don't like, and keep tweaking a little at a time until you get the perfect recipe for you!

[Check out the recipe book here!](#)

## Charades & Improv

An improv game you can play at home is fairly easy, all you need is someone to perform and at least one person as the audience!

The audience will give the performer a starting and ending line, which means the performer has the begin the improv with the starting line and end the improv with the ending line given. One of the scenarios we came up with in camp were watching a horror movie.

Try acting using whatever faces and gestures you can to have your audience guess movie or book titles, activities, or whatever else you can think of as long as you don't use words- the name of this game is charades!



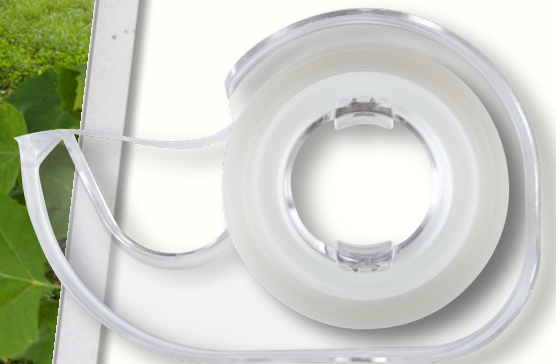




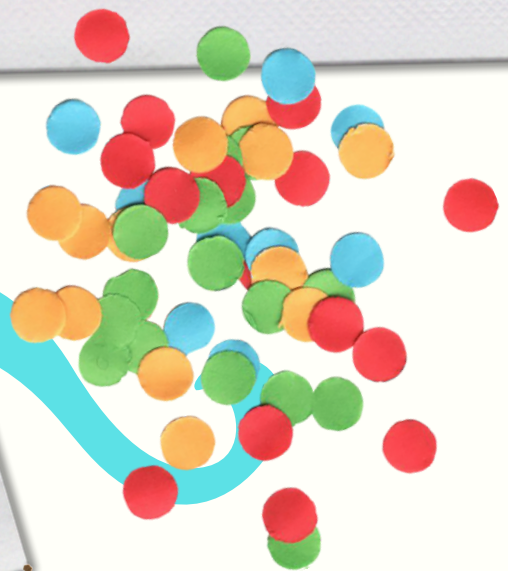
Patricia & Dan visiting the rooftop garden!

Additional thanks to:  
Magdalena Duhagon (Office Manager)  
Sheldon Henry (Director of Technology)  
Dan Miller (Facilities Manager)  
Irma Guillén (Daytime Custodian)

Hofa!







Our Support Staff this week:

- Kim Lugo
- Jazlyn Olivera
- Gillian Rosenzweig-Stein
- Camille Samuels







**See you next week!**

03A1 - Under the Sea

03B1 - Summer Blossoms

03B2 - Magic School Bus

03C1 - Sport of the Day

03C2 - How is it Made?

03D2 - Coding & Strategy Games

03DV - SSAT Prep: Reading & Writing